

語学研修終了報告書

報告年月日 2019 年 10 月 8 日

留学プログラム名	TASTE		
所属学院等 <small>(学院/類/学部/研究科)</small>	物質理工学院応用化学系応用化学コース		
所属系・コース等 <small>(系・コース/学科/専攻)</small>	応用化学系応用化学コース		
氏名		学籍番号	
留学時の学年	修士 1 年		
留学先国	カナダ		
留学先大学	ブリティッシュコロンビア大学		
プログラム期間	2019 年 9 月 9 日 ~ 2019 年 9 月 27 日		

①留学先 (参加プログラム/受け入れ機関) の概略

Accepting Organization is The University of British Columbia (UBC). I participated in English for the Global Citizen (EGC). It is an English language program that puts language learning and practice in the context of global themes including environment, cross-cultural communication, media and technology.

②留学先での授業内容

English for the Global Citizen was an integrated skills program (reading, writing, speaking/listening), with a dominant component dedicated to speaking fluency and accuracy. I learned and practiced language as they communicate about current topics/issues relevant to people around the globe. Activities include English lessons, projects, debates, educational outings (in UBC) and guest lectures. For example, I researched a news article and summarized the main idea. Then I went to the mixer and I spoke and listened to four different people. Another example is to learn and practice some Canadian English pronunciation. Japanese classes are mainly written and read but listening and speaking is more important than those. It was important to learn Canadian English pronunciation in order to listen correctly and speak fluently.

③留学先での課外活動

Extracurricular activities were mainly conducted in the school. Because UBC is very big like town, there are many facilities in UBC. I want to explain 3 examples. First, I went to Museum of Anthropology (MOA) at UBC to learn about traditional and contemporary art from Northwest Coast First Nations and other culture across the world. Second, I went to Village and supermarket (Save-on Foods) in UBC. I learned what food Canadian buy. Canadian care about their health and buy food that is good for the environment. Third I saw the School Strike in UBC. September 27 was a Strike day about Climate Change in Vancouver. I created interview questions and asked the protesters. I knew that Canadians, unlike Japanese people, are very concerned about environmental issues. Canadian students work on recycling and have my bottle. After that I bought my bottle. I think Japanese people must think about environment. It was good opportunities for me to know the school strike.

④留学から何を学び、それを今後どのように活かしたいか

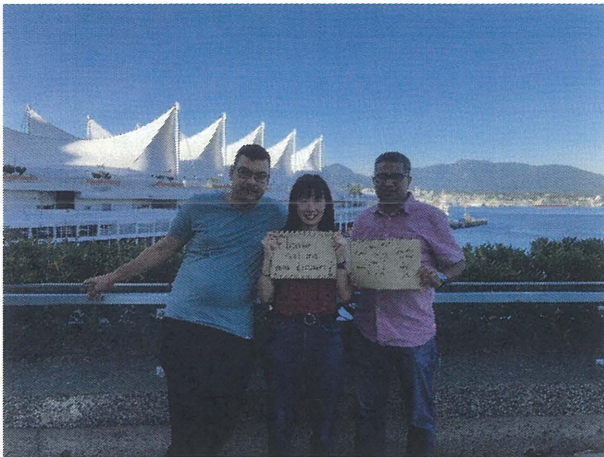
I want to write what I learned in class and my project.

I learned mainly about cultural differences and environment in class. Canadian is very polite and kind. For example, Canadian always thank the driver when they get off the bus. There are very few Japanese people who thank bus driver. I think this culture is very good. So, I want to try to thank driver loudly.

I also learned about Ocean Wise seafood and I want to recommend consumers to buy Ocean Wise seafood for the next generation and making ocean resources sustainable. Ocean Wise seafood project

is tackling several ocean issues in Vancouver. The Ocean Wise symbol on a seafood item means it's ocean-friendly. We can contribute to the project by buying the item at a restaurant or a supermarket. Japan is surrounded by the sea. So, I think Japan also have to tackle several ocean issues. I want to spread this activity.

My project is to ask people dream. The purpose of this project is to get the opportunities to talk to many people. The reason why I decided to start the project was that class alone was not enough to improve English skills. Whenever I went out, I took my sketchbook that is written "Please tell me your dream." and asked everyone this question who visited in Vancouver. At first, I was very nervous talking to strangers. However, after many repetitions, I began to speak actively. The important thing I noticed when doing this project was give and take. For example, I asked people who took a picture selfie to take a picture. Then I asked people this question. By doing so, people were happy to answer this question. I show 3 pictures of my project here. I asked people the question and took a picture with them like this picture. I was able to ask the question to 72 people. Through this project, I think my English skills have improved. So, I learned that the most important thing is how I act. Even 3 weeks of study can make sense depending on my actions. I want to do as much as I can.



⑤留学前の準備

留学情報は、校内の掲示板をチェックすることや留学情報館が開催していたセミナーに参加することで得た。航空券は留学の3か月前にデルタ航空で取得し、往復75000円だった。他の会社と比較して最も安い値段のため不安もあったが、食事などの機内サービスがとても充実していたのでおすすめしたい。ビザはeTA(カナダ用)とESTA(アメリカ用：乗り継ぎがシアトルだったので)を取得した。ネットで検索すれば取り方が詳しく書いていたので参考にした。バンクーバー留学中にアメリカのシアトルに遊びに行ったのでその際もESTAを使用した。留学前は、リスニングを重点的に勉強した。

⑥留学費用

渡航費：デルタ航空，往復75,000円

プログラム参加費：約206,000円

ホームステイ費用：約63,000円 + 手配料約20,000円

奨学金：80,000円

⑦留学先での住居

UBCの紹介でホームステイ先を手配してもらった。ルームメイトは女性4人で内1人がスイス人、他日本人であった。洗濯は週1と少なく、ドライヤーがなくて困ったが、ごはんも美味しく、プライバシーもありストレスなく生活できた。

⑧留学先で困ったこと

想像以上に日本人が多かったこと。8月よりは日本人が少ないと聞いていたがとても多かったため、事前に調べて他の大学と比較しておきたかった。

日本と比較して寒いのでもっと冬服を持って行けばよかった。

⑨留学を希望する後輩へアドバイス

たった3週間でしたが、自分で目標を立て、それを目標に実行することができたためとても充実した留学となりました。充実した留学になるかどうかは自分次第だと思います。中身のない半年留学と、中身のある3週間なら、後者の方がよっぽどいいです。行く前に目標を立て、充実した留学生活を送ってください。また、留学に行くかどうか悩んでいる方は、ぜひ挑戦してほしいと思います。悩んでいる理由は、金銭面や、語学力など様々だと思いますが社会人になって留学しとけばよかったと後悔することが多いと聞いたので、今の内に経験してほしいと思います。