



ASPIRE FORUM 2023
Student Workshop
Reports
(Total 5 participants)

1

報告事項

① 留学先(参加プログラムおよび受入れ機関)の概略

Overview of the program and the host university/organization abroad

This workshop, hosted at KAIST in Korea, welcomes a diverse assembly of students from esteemed institutions such as NTU, KAIST, Tokyo Tech, Tsinghua, and HKUST. These students are organized into several groups, each tasked with generating ideas and delivering presentations on the theme, "Technology and Stewardship for Sustainable Global Future." This gathering presents an excellent opportunity to establish connections with fellow ASPIRE members and broaden one's social network. Furthermore, it offers participants a unique chance to learn from experienced professors and gain firsthand experience of the vibrant campus life at KAIST.



② 留学前の準備

Pre-departure preparation

留学情報の入手方法、専門分野・語学の準備方法、留学先の研究室に所属した場合は、留学先大学の指導教員との準備、ビザ取得方法、住居の探し方など。

How did you obtain information relevant to your study abroad, such as how to acquire a visa, how to find accommodation, how to find a host supervisor at the university, how to prepare for study abroad in terms of field of study, language study. etc.?

- I gleaned information about this event from the official Tokyo Tech website. It should be noted that this student workshop provides accommodation for all attendees, thereby eliminating the need for participants to source their own lodging. Additionally, there is no requirement for the participants to find a supervisor for this workshop. It

is an inclusive event that welcomes anyone proficient in English, ensuring broad accessibility for potential attendees.

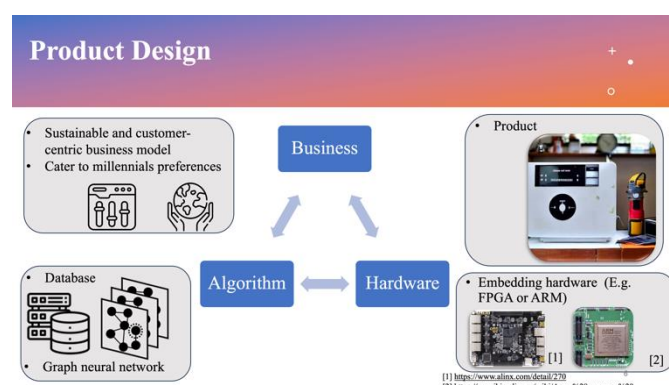
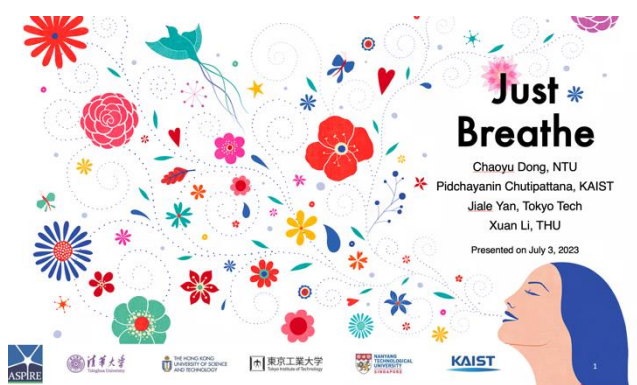
③ 留学中の勉学・研究

Academic activities during study abroad: courses, research, etc.

履修した授業、研究内容等についての感想。留学中に行った課外活動(観光やスポーツ等)がある場合は、併せて記入してください。

Describe your classes and research (if relevant) abroad. If you participated in any extracurricular activities, such as sightseeing, sports, etc., please describe those experiences as well.

- This is a student workshop, our topic is centered around the compelling theme, "Enhancing the Sustainability of the Target Population Through the Design of Innovative Care Models Using Science and Technology." We have conceptualized an idea to develop a state-of-the-art wearable device named "Just Breathe," specifically engineered to monitor individual health metrics. Following the successful completion of our concept, we conducted a comprehensive presentation to elucidate our findings and proposals. Enclosed are several related visual aids we used during our presentation to illustrate our idea effectively.



④ 留学を終えて、自分自身の成長を実感したエピソード

Episode in which you experienced personal growth or development

他国の学生等との交流、海外における勉学・研究等の学校生活や日常生活を経験して、自身の成長を実感したことと思います。留学前に立てていた目標に対する達成度や苦労話など、何でも結構ですので、自身の成長を実感した中で一番記憶に残っているエピソードを記入して下さい。

Indicate the episode in which you most strongly felt your personal growth, i.e., through study, research, cross-cultural experiences, activities, daily life and so on.

- Throughout the course of these activities, I had the invaluable opportunity to gain knowledge from the profound presentations given by esteemed professors from

prominent institutions like Tsinghua, Kaist, NTU, Tokyo Tech, and HKUST. Simultaneously, I had the fortune of creating new friendships with individuals from all corners of the world. These enriching experiences not only broadened my horizons but also significantly augmented my professional knowledge and extended my social network in a uniquely inspiring way. Furthermore, I had the delightful opportunity to immerse myself in the beautiful and vibrant school life at KAIST, which further enriched my overall experience.

⑤ 留学費用

Study abroad expenses

渡航費、生活費、住居費、保険料、奨学金の有無など。

Indicate travel expenses, living expenses, accommodation fees, insurance fees, and whether or not you received a scholarship, etc.

- KAIST affords our accommodation fees and living expense in Korea.
- After finishing the workshop and going back to Japan, Tokyo Tech will offer a scholarship to help us cover travel expenses.

⑥ 留学先での住居

Accommodation at the destination

寮の有無、申し込み方法、ルームメイト、その他。

Indicate whether or not your host university had a dormitory, the application process, reflections on your roommates, etc.

- KAIST affords accommodation.

⑦ 留学先での語学状況

Language at the destination

例えば、授業、研究には〇〇語が必須だが、生活は〇〇語を利用。留学前の TOEFL 等語学試験は、〇〇だったが、十分であった(最初の数週間は苦労した)など。

Indicate how you experienced the language environment at your destination, i.e., the language required for research activities, language(s) used in daily life, etc. and if you felt your language skills were sufficient.

- English is enough.

⑧ 単位認定(互換)

Recognition of credits which you took at the university

留学中に取得した単位の認定(互換)を東工大で行ったか(行う予定か)。

Indicate if you were able to / are planning to transfer credits you earned during study abroad.

- None.

⑨ 留学経験を今後、どのように活かしたいか

How do you make use of your study abroad experience in your future life?

- Experiencing Korea for the first time was a transformative venture, providing me with firsthand exposure to Korean culture. This knowledge will form the basis of my understanding of the country.
- The educational insights I gained from my professors and the diverse relationships I fostered have significantly broadened my academic social network. This expansion is integral to my professional and personal development.
- Moreover, I am committed to sharing the richness of this experience with my colleagues. By articulating the benefits and personal growth that comes from such international exposure, I aim to inspire others to participate in similar programs in the future.

⑩ 留学先で困ったこと(もしあれば)

Indicate trouble or issues (if any) you experienced during study abroad

- None.

⑪ 留学を希望する後輩へアドバイス

Advice to other students

- The forthcoming event is set to take place at Tsinghua University, China. I wholeheartedly recommend this as an excellent opportunity. I am confident that it will serve as an inspirational platform, aiding attendees not only in enhancing their life experiences but also in shaping their personal development.

②

報告事項

① 留学先(参加プログラムおよび受入れ機関)の概略

Overview of the program and the host university/organization abroad

KAIST (Korea Advanced Institute of Science and Technology) is a prestigious research-oriented university located in Daejeon, South Korea. It is one of the country's leading institutions and is renowned for its excellence in science, engineering, and technology education and research.

② 留学前の準備

Pre-departure preparation

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How did you obtain information relevant to your study abroad, such as how to acquire a visa, how to find accommodation, how to find a host supervisor at the university, how to prepare for study abroad in terms of field of study, language study. etc.?

1. Confirm information and contact with coordinator:

Once I knew I am attending this program. I checked if I need to apply visa and other documents to enter Korea. Before the program started, the Forum coordinator sent us the program guidelines, schedule and all the necessary information through email. There is also a Slack workspace for this program where we can ask the coordinator and student assistants questions. I inform the coordinator that I am allergic to crustaceans and confirm what things are provided in the dormitory with student assistants. To stay in the dormitory during this program, a COVID-19 related document is requested. Therefore, I bought a self-test kit at a drug store near Okayama campus.

2. On-line lectures and Group discussions

The Forum is held hybrid, we already have ice break activities, workshop orientation, two on-line lectures, and group discussion for the last day's presentation before going to in Korea. Our group worked efficiency, we had self-introductions, ideation, work distribution and flow in the first two hours. At the end of the online section, the presentation content and slides had been done.

Beijing, Hong Kong, Singapore	Daejeon, Tokyo	Day 1 June 28th, Wednesday
13:00 - 14:00	14:00 - 15:00	Student Pre-Orientation / Ice Breaking Activity
14:00 - 15:00	15:00 - 16:00	Opening Ceremony / Student Workshop Orientation
Beijing, Hong Kong, Singapore	Daejeon, Tokyo	Day 2 June 29th, Thursday
09:00 - 10:00	10:00 - 11:00	Special Lecture 1
10:00 - 10:15	11:00 - 11:15	Break
10:15 - 11:15	11:15 - 12:15	Special Lecture 2
11:15 - 12:30	12:15 - 13:30	Lunch Break
12:30 - 13:30	13:30 - 14:30	Student Group Work Tutorial
13:30 - 14:30	14:30 - 15:30	Student Group Work 1
14:30 - 14:45	15:30 - 15:45	Break
14:45 - 15:45	15:45 - 16:45	Student Group Work 2
Beijing, Hong Kong, Singapore	Daejeon, Tokyo	Day 3 June 30th, Friday
09:00 - 10:00	10:00 - 11:00	Student Group Work 3
10:00 - 10:15	11:00 - 11:15	Break
10:15 - 11:15	11:15 - 12:15	Student Group Work 4
11:15 - 12:30	12:15 - 13:30	Lunch Break
12:30 - 13:30	13:30 - 14:30	Student Group Work 5
13:30 - 13:45	14:30 - 14:45	Break
17:00 - 18:00	14:45 - 15:45	Student Group Work 6

On-line section schedule.



Special Lecture

3. Prepare business card.

I customized business cards in English to better build connections with other students and researchers attending this forum.

③ 留学中の勉学・研究

Academic activities during study abroad: courses, research, etc.

There are three main activities in this workshop: 1. Symposium, 2. Presentation Practice/Feedback, and 3. Presentation to VPs and Senior Staff.

Professors from each Institutions/Universities gave inspiration speeches, and we have chance to talk to them in the following lunch section. Before and after the Presentation

Practice/Feedback, our group also discussed and refined our presentation. After the Final presentation, we went sightseeing in Daejeon City.

Daejeon <i>Day 1</i> July 2nd, Sunday		Daejeon <i>Day 3</i> July 4th, Tuesday	
17:00 - 17:30	Arrival/Check-in	09:00 - 11:00	ASPIRE Students' Presentations to VPs & Senior Staff
17:30	Dinner	11:00 - 11:30	Evaluation of Presentations
Daejeon <i>Day 2</i> July 3rd, Monday		11:30 - 12:00	Presentation of Awards
09:00 - 09:30	Registration for Symposium	12:00 - 12:30	Closing Ceremony
09:30 - 12:20	Symposium	12:30 - 14:00	Lunch
12:20 - 13:45	Lunch	※ Special Lecture and Student Workshop will be held through online beforehand June 28-30, 2023	
13:45 - 18:00	<div style="display: flex; align-items: center;"> <div style="background-color: #f0f0f0; border: 1px solid #ccc; border-radius: 5px; padding: 2px 5px; margin-right: 5px;">VPSS</div> ASPIRE VPs & Senior Staff Meeting ASPIRE Seed Fund Report Session </div> <div style="display: flex; align-items: center; margin-top: 5px;"> <div style="background-color: #f0f0f0; border: 1px solid #ccc; border-radius: 5px; padding: 2px 5px; margin-right: 5px;">Students</div> Student Presentation Practice/Feedback </div>		
18:00 - 19:30	Dinner		

Schedule



Presentation



Group photo after presentation

④ 留学を終えて、自分自身の成長を実感したエピソード

Episode in which you experienced personal growth or development.

The personal growth from this program is primarily about broadening my horizons. Except for group work preparing for the presentation, we have a lot of chances such as lunch/dinner time interacting with participants from different countries and professionals. Lots of participants have work experience like I do. We shared our perspectives and insight about different industries and why we choose the current research field. I have learned to think about problems from different perspectives and with a broader outlook.

⑤ 留学費用

Study abroad expenses

The total travel expense including flight and bus tickets is about 60,000~70,000¥. KAIST provide dormitory for free. I receive a scholarship with 70,000¥ to cover the study abroad expenses.

⑥ 留学先での住居

Accommodation at the destination

KAIST provides dormitories inside the campus. The coordinator asked if participants want to accommodate in the dormitory before the program started. Two participants shared a room. There are laundry and drying machines in the dormitory. Participants need to bring their own shampoo, body soap, and towels. The overall environment is comfortable except there are goose squawking near dormitories at 6 A.M.



The goose on campus

⑦ 留学先での語学状況

Language at the destination

All activities inside campus were proceeding in English. Though I need to adapt to different accents my English skills were sufficient for my needs. However, people outside the campus are not that good at English and I did not know how to speak Korean. If I learned basic Korean before coming, I would have had a better experience during sightseeing.

⑧ 単位認定(互換)

Recognition of credits which you took at the university.

There is no credit available from this program.

⑨ 留学経験を今後、どのように活かしたいか

How do you make use of your study abroad experience in your future life?

Through this activity, I have gained a deeper understanding of cultures from different countries and beliefs and have also become more accustomed to various English accents. This will be beneficial for me to communicate with people from different nationalities in the future. The lectures, symposiums, and group presentations have provided me with a deeper understanding of technology and stewardship for sustainable society and have inspired me with some ideas for my own research.

⑩ 留学先で困ったこと(もしあれば)

Indicate trouble or issues (if any) you experienced during study abroad.

On the first night of living in the dormitory. The auto lock of my room was broken while I took a short leave for water at 10 PM. I did not have my smartphone with me, and my roommate went out for his group discussion. Therefore, I knocked on others' door to ask for help. Although we have only known each other for a short while, everyone is willing to help. Despite the dormitory manager doesn't speak English, we used Google Translate to explain the situation to him. At first, he said that I must wait until the next day morning. However, the coordinator found an electrician to drill the broken lock and replaced it with a new one.



Drilling the broken lock

⑪ 留学を希望する後輩へアドバイス

Advice to other students

I would like to encourage students who are hesitant to apply to the study abroad program. Be proactive and don't be shy or afraid to communicate with others. Everyone is nice and willing to offer help. Although the process may be a bit challenging, it will undoubtedly lead to growth and bring you an unforgettable memory.

③

報告事項

① 留学先(参加プログラムおよび受入れ機関)の概略

Overview of the program and the host university/organization abroad

This program is an exchange program or workshop held every year in one of the participant universities, which include the Tokyo Institute of Technology, Korea Advanced Institute of Science & Technology (KAIST), The Hong Kong University of Science and Technology, Nanyang Technological University, and Tsinghua University. This year it was held in KAIST, Daejeon, South Korea. Moreover, there are professors and participants from each university.

② 留学前の準備

Pre-departure preparation

留学情報の入手方法、専門分野・語学の準備方法、留学先の研究室に所属した場合は、留学先大学の指導教員との準備、ビザ取得方法、住居の探し方など。

How did you obtain information relevant to your study abroad, such as how to acquire a visa, how to find accommodation, how to find a host supervisor at the university, how to prepare for study abroad in terms of field of study, language study, etc.?

KAIST organized this workshop, and they provided accommodation and student assistance. As I come from the United Arab Emirates, I didn't need to apply for a visa. This workshop is considered a short-period workshop with three days online and three days on campus. Furthermore, it is fully in the English language.

③ 留学中の勉学・研究

Academic activities during study abroad: courses, research, etc.

履修した授業、研究内容等についての感想。留学中に行った課外活動(観光やスポーツ等)がある場合は、併せて記入してください。

Describe your classes and research (if relevant) abroad. If you participated in any extracurricular activities, such as sightseeing, sports, etc., please describe those experiences as well.

On the first day of the workshop, professors introduced us to the timetable, activities, and short classes related to the theme "Technology and Stewardship for Sustainable Global Future." Then we had two days for each group to develop a solid idea and presentation.

On the fourth day, we checked in at the KAIST dormitory and walked on campus.

On the fifth day, we had a symposium, where professors from each university presented topics related to the workshop's theme. Later, we had feedback on our presentations from the assigned professors.

On the last day, we presented our presentations and received our certificates. Then we had a small tour in Daejeon.



Picture 1: With group members.



Picture 2: With Vice President, Coordinator, MC, and Student Assistance, respectively.

④ 留学を終えて、自分自身の成長を実感したエピソード

Episode in which you experienced personal growth or development.

他国の学生等との交流、海外における勉学・研究等の学校生活や日常生活を経験して、自身の成長を実感したことと思います。留学前に立てていた目標に対する達成度や苦労話など、何でも結構ですので、自身の成長を実感した中で一番記憶に残っているエピソードを記入して下さい。

Indicate the episode in which you most strongly felt your personal growth, i.e., through study, research, cross-cultural experiences, activities, daily life and so on.

As most of my groupmates are Chinese, they all had similar ideas and thoughts that I did not always agree with. As a result, I explained to them how important it would be to be open to new, extraordinary ideas to win this workshop. As a result, we had a meeting after we received the feedback to rebuild our presentation.

Moreover, talking with seniors and professors in the sustainability major made me more outgoing. I believe it was a step to strengthen my relations in the sector.

⑤ 留学費用

Study abroad expenses

渡航費、生活費、住居費、保険料、奨学金の有無など。

Indicate travel expenses, living expenses, accommodation fees, insurance fees, and whether or not you received a scholarship, etc.

For the travel expenses, the tickets to ICN airport, South Korea, were around 45,000 JPY. Yet, we needed to take a train/bus to Daejeon, KAIST campus, and both were around 24,000 KRW. Generally, we had to pay for transportation only as the institute covered lunch, dinner, and accommodation.

⑥ 留学先での住居

Accommodation at the destination

寮の有無、申し込み方法、ルームメイト、その他。

Indicate whether or not your host university had a dormitory, the application process, reflections on your roommates, etc.

The institute provided the accommodation. For the procedures, everyone had to do a COVID-19 test before entering the dorm. We were given a package including a COVID-19 test, a T-shirt, and gifts (Cup, umbrella, portable, notebook, and pen). Each student has a roommate.

⑦ 留学先での語学状況

Language at the destination

例えば、授業、研究には〇〇語が必須だが、生活は〇〇語を利用。留学前の TOEFL 等語学試験は、〇〇だったが、十分であった(最初の数週間は苦労した)など。

Indicate how you experienced the language environment at your destination, i.e., the language required for research activities, language(s) used in daily life, etc., and if you felt your language skills were sufficient.

For the workshop, only English was used. As I can speak Korean, I did not face any problems yet; most people can speak simple English.

⑧ 単位認定(互換)

Recognition of credits which you took at the university

留学中に取得した単位の認定(互換)を東工大で行ったか(行う予定か)。

Indicate if you were able to / are planning to transfer credits you earned during study abroad.

I do not plan to transfer credits.

⑨ 留学経験を今後、どのように活かしたいか

How do you make use of your study abroad experience in your future life?

As I am willing to work in an international organization focusing on sustainability, I believe this experience gives me a sneak peek into how my future job is going to be. Meeting people from different backgrounds and professionals working together to achieve a sustainable future is incredible. There is no need to worry if I do not fully understand the mechanism of their work, but I can understand its effect on our environment.

⑩ 留学先で困ったこと(もしあれば)

Indicate trouble or issues (if any) you experienced during study abroad

We are all working together on one project, but not all members have the same level of ownership. Some aim to win this competition, and some aim just to have fun. However, it is possible to do both if everyone understands the purpose.

⑪ 留学を希望する後輩へアドバイス

Advice to other students

It is true that coming to Japan or settling in Tokyo was challenging to start another journey, but this experience was worth it! In this short-period workshop, you can build yourself and strengthen your relations.

4

報告事項

① 留学先(参加プログラムおよび受入れ機関)の概略

Overview of the program and the host university/organization abroad

The event was nicely organized, and the lectures were interesting. I enjoyed the activities with other students.

② 留学前の準備

Pre-departure preparation

留学情報の入手方法、専門分野・語学の準備方法、留学先の研究室に所属した場合は、留学先大学の指導教員との準備、ビザ取得方法、住居の探し方など。

How did you obtain information relevant to your study abroad, such as how to acquire a visa, how to find accommodation, how to find a host supervisor at the university, how to prepare for study abroad in terms of field of study, language study. etc.?

I found the event on the Tokyo Tech website. Fortunately, I didn't need to obtain a visa for the trip. I made a reservation at the hotel, and the staff there were nice, friendly, and welcoming.

③ 留学中の勉学・研究

Academic activities during study abroad: courses, research, etc.

履修した授業、研究内容等についての感想。留学中に行った課外活動(観光やスポーツ等)がある場合は、併せて記入してください。

Describe your classes and research (if relevant) abroad. If you participated in any extracurricular activities, such as sightseeing, sports, etc., please describe those experiences as well.

I was part of a team that worked together to prepare a presentation on a specific topic.

④ 留学を終えて、自分自身の成長を実感したエピソード

Episode in which you experienced personal growth or development

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Indicate the episode in which you most strongly felt your personal growth, i.e., through study, research, cross-cultural experiences, activities, daily life and so on.

I had to give a presentation in front of experts and share my ideas. It was a little challenge for me to stand in front of many experts and talk about my ideas on global challenges. I learned to be confident and share my ideas.

⑤ 留学費用

Study abroad expenses

渡航費、生活費、住居費、保険料、奨学金の有無など。

Indicate travel expenses, living expenses, accommodation fees, insurance fees, and whether or not you received a scholarship, etc.

I paid for travel experiences such as airline tickets, hotels, transportation, and travel insurance.

⑥ 留学先での住居

Accommodation at the destination

寮の有無、申し込み方法、ルームメイト、その他。

Indicate whether or not your host university had a dormitory, the application process, reflections on your roommates, etc.

The host university had dormitory, but I did not choose it.

⑦ 留学先での語学状況

Language at the destination

例えば、授業、研究には〇〇語が必須だが、生活は〇〇語を利用。留学前の TOEFL 等語学試験は、〇〇だったが、十分であった(最初の数週間は苦労した)など。

Indicate how you experienced the language environment at your destination, i.e., the language required for research activities, language(s) used in daily life, etc. and if you felt your language skills were sufficient.

English

⑧ 単位認定(互換)

Recognition of credits which you took at the university

留学中に取得した単位の認定(互換)を東工大で行ったか(行う予定か)。

Indicate if you were able to / are planning to transfer credits you earned during study abroad.

No credit

⑨ 留学経験を今後、どのように活かしたいか

How do you make use of your study abroad experience in your future life?

This experience has inspired me to participate in other global activities to improve my presentation skills and contribute to solving global challenges. Through science and technology, I want to make a contribution to making the world a better place.

⑩ 留学先で困ったこと(もしあれば)

Indicate trouble or issues (if any) you experienced during study abroad

⑪ 留学を希望する後輩へアドバイス

Advice to other students

I would highly advise other students to participate and learn from students in different countries.

⑤

報告事項

① 留学先(参加プログラムおよび受入れ機関)の概略

Overview of the program and the host university/organization abroad

The program I attended was the 2023 edition of the ASPIRE FORUM, the biggest annual event organized by the ASPIRE LEAGUE⁽¹⁾. It was hosted by KAIST this year in Daejeon and was under the following theme: “Technology and Stewardship for a Sustainable Global Future”. This edition was special because it was the first in-person forum since the COVID pandemic started. So in addition to a 3-day (June 28th – June 30th) online series of lectures and student meetings, there was a second 3-day (July 2nd – July 4th) part in Korea. In that country, we got the chance to meet, attend 5 lectures on research advancements from each university, and eventually present on July 4th the groupwork we started online on June 28th.

⁽¹⁾ More details on the ASPIRE LEAGUE can be found on the following website.
<http://www.aspireleague.org/>

② 留学前の準備

Pre-departure preparation

留学情報の入手方法、専門分野・語学の準備方法、留学先の研究室に所属した場合は、留学先大学の指導教員との準備、ビザ取得方法、住居の探し方など。

How did you obtain information relevant to your study abroad, such as how to acquire a visa, how to find accommodation, how to find a host supervisor at the university, how

to prepare for study abroad in terms of field of study, language study. etc.?

For the pre-departure preparation, I received many useful directions and consistent assistance from Ms. Yukiko, a member of the Planning and Coordination Group at the International Engagement Division of Tokyo Institute of Technology. I received most of the information I needed from her great support. Nevertheless, I also received help from my academic supervisor's secretary for the VISA requirements, procedures, and validation, and from some students that were also selected with me. Finally, to have more detailed information on the activities during the ASPIRE FORUM, I tried to reach out (using LinkedIn and email) to students I noticed in the previous events from the archives.

③ 留学中の勉学・研究

Academic activities during study abroad: courses, research, etc.

履修した授業、研究内容等についての感想。留学中に行った課外活動(観光やスポーツ等)がある場合は、併せて記入してください。

Describe your classes and research (if relevant) abroad. If you participated in any extracurricular activities, such as sightseeing, sports, etc., please describe those experiences as well.

- During the first part of the forum (June 28th -30th), the main activity was the student groupwork based on lectures received on 2 topics related to the main theme:
 1. The Impact of Science and Technology on the Sustainable Global Future: Beneficial or Detrimental?
 2. Improving sustainability of target population by designing new care model using science and technologyIn fact, all 22 students were divided into 5 groups based on their preferences for each topic. Then, each group met many times to design a project that is a solution for their chosen topic.
- The second part (July 2nd – 4th) was in-person and hosted most of the activities. The main highlight of the first day was the dinner reception at the 5-star Hotel Onoma to get to know each other and have more understanding of the significance of the Aspire League. The day after, we started by receiving 5 outstanding lectures from one professor from each university on “next generations intelligent vehicles & parcel delivery”, “decarbonization by electrochemical energy technologies”, “AI-assisted proteomics”, “physics-driven machine learning for computational imaging”, and “energy technology

pathways toward achieving carbon neutrality”. After that, we had dinner at Lunch at the prestigious John Hannah Hall Academic Cultural Complex, followed by feedback on the online student group work. Those feedbacks were insightful and helped us to retune and finalize our presentations for July 4th. Finally, all groups presented on the last day, and my Team was rewarded with the 1st prize for the best project.

- After the rewards were given, the ASPIRE FORUM officially ended with a lunch at 12:30 PM. From that point on, students were free to go sightseeing wherever they wanted, even outside the city for as long as they wanted. Nevertheless, there was a mandatory checkout from KAIST dormitories on July 5th.

④ 留学を終えて、自分自身の成長を実感したエピソード

Episode in which you experienced personal growth or development

Indicate the episode in which you most strongly felt your personal growth, i.e., through study, research, cross-cultural experiences, activities, daily life, and so on.

Since this Student Workshop was rich in experiences, there were countless episodes in which I experienced growth and development. One of them was during the last day of my groupwork. We were not finished with our presentation and all of us were sleepy with only a few hours before the deadline. But despite the extreme fatigue and the high pressure, I was extremely impressed by the speed and efficiency of two of my teammates. To me, it was not humanly possible to be so productive after all those sleepless nights we had and still deliver very high-quality work. It motivated me to work on improving my speed and efficiency even when I am very tired. Even the supervisors who were checking our progress were amazed by the quantity and quality of the work we outputted in that very short period.

⑤ 留学費用

Study abroad expenses

⇒ I was not accepted to receive a scholarship because I am a MEXT Student.

<u>EXPENSES</u>	
BEFORE GOING	¥ 71,458
Fees & Transport for VISA	¥ 4,800 + ¥ 7,228
Insurance	¥ 3,030
Flight Tickets (taken late with cancellation option because of late VISA insurance)	¥ 47,000
Trains to Narita Airport	¥ 9,400
In KOREA	¥ 8,848
Transport (Airport to KAIST + Taxis to meet teammates quickly for groupwork)	¥ 5,916
Food (no need to buy a lot since KAIST provided lunch and dinner every time)	¥ 2,932
<u>TOTAL EXPENSES</u>	<u>¥ 80,306</u>

⑥ 留学先での住居

Accommodation at the destination

寮の有無、申し込み方法、ルームメイト、その他。

Indicate whether or not your host university had a dormitory, the application process, reflections on your roommates, etc.

Accommodation was provided free of charge by KAIST and students were paired in one big room. The check-in was easy and straightforward, everything was done within minutes once in Korea, and there was no need to do any complicated process before getting there. The facilities were not luxurious nor cheap.

It can be noticed that it was not mandatory to stay at the accommodations and some students arranged their rooms outside.

⑦ 留学先での語学状況

Language at the destination

例えば、授業、研究には〇〇語が必須だが、生活は〇〇語を利用。留学前の TOEFL 等語学試験は、〇〇だったが、十分であった(最初の数週間は苦労した)など。

Indicate how you experienced the language environment at your destination, i.e., the language required for research activities, language(s) used in daily life, etc. and if you felt your language skills were sufficient.

Everything was in English and I did not have any problem communicating with the others. Most of the people present for the symposium were at ease with speaking English. However, I need to improve my English Powerpoint presentation skills to be more persuasive.

When leaving KAIST instead, it was different since people speak Korean only. Fortunately, we were assigned KAIST tutors (students) who understand the local language to help us with the important things.

⑧ 単位認定(互換)

Recognition of credits which you took at the university

留学中に取得した単位の認定(互換)を東工大で行ったか(行う予定か)。

Indicate if you were able to / are planning to transfer credits you earned during study abroad.

N/A

⑨ 留学経験を今後、どのように活かしたいか

How do you make use of your study abroad experience in your future life?

It was my first experience of this kind and I am looking forward to applying for similar events in the future. Discussing with other students and professors helps me to have a better understanding of certain fields and thus retune my perspectives on my professional career. For example, this forum allowed me to understand that I am more attracted to working in a company on Data Science projects than doing advanced research in that field.

⑩ 留学先で困ったこと(もしあれば)

Indicate trouble or issues (if any) you experienced during study abroad

Everything went fine. The only minor issue is I almost fainted because of the lack of aeration in a Korean food place we went to as a group to have dinner. I left to go back to my room to have some sleep and everything came back to normal