# 2016 Student Life Coaches: Guidance for Students of the Coaches: Guidance for Guidance for one of the Coaches: Guidance for one of the

(For newly-enrolled (first year) master's and doctoral degree students)

Tokyo Tech Student Life Coaches will provide a seminar for newly-enrolled graduate students. The role of a Student Life Coach is to make sure that students lead a fulfilling academic life while enrolled at the Institute. This seminar will introduce the educational system, various options, counseling services, etc., and familiarize newly-enrolled graduate students with the learning environment of Tokyo Tech.

Seminars will be held at Ookayama and Suzukakedai Campuses and will be conducted in both English and Japanese.

# = Ookayama Campus =

Date: Tuesday, October 11, 2016 and Wednesday, October 19, 2016 from 12:25 to 13:05

80th Anniversary Hall, Common Room, 1 Fl (English)

Conference Room, 2 Fl (Japanese)

# = Suzukakedai Campus =

Wednesday, October 12, 2016 from 12:25 to 13:05

H1 & H2 Bldgs, Suzukake Hall, 3FL (English)

H1 & H2 Bldgs, Convention Room 1, 2 Fl (Japanese)

Students can participate in any of the sessions as all seminars will provide the same information.

### No prior registration is required

The seminar will last for approximately forty minutes.

Students who have classes to attend may leave during the seminar. Students of Ookayama may bring their lunch to the seminar. Hey, it looks like there will be a seminar that will explain our academic options and the various consultation services offered at Tokyo Tech!

I think I've already gotten used to graduate student life...

### **Contact Information:**

Student Support Center
Student Life Coach consultation office concierge.info@jim.titech.ac.jp

Details are provided here.





But that might open up more possibilities for our future careers!



# Consultation services of Student Life Coaches



First of all, when it comes to seeking consultation, it is not clear where I can or need to go.

I paid a visit to a consultant, but was not happy with the consultation provided.

I am struggling with my studies, but am hesitant to consult with my professor.

I want to figure out what I should learn at Tokyo Tech for my future career.

I have no dream to pursue.

For instance, I do not know what I do not know.

I want to consult with someone about the problems that I am currently facing.

I want to consult with someone about the problems that I am currently facing so that I can organize my thoughts.

etc.,





In such cases, please consult with a Student Life Coach. The Student Life Coach will listen to your thoughts and problems, and direct you to an appropriate consultation service or personnel that will assist you.

Student Life Coaches assist students in acquiring the skills to think, act and learn independently as Tokyo Tech students.

Why not try talking to them?

Maybe we can find a way to solve my questions and problems?

#### Location

Behind the 80th Anniversary Hall, 1Fl, next to the Health Service Center

### Service hours

### Monday through Friday

10:00 to 17:00 (excluding 13:15 to 14:15)

\* The office may close temporarily for events, etc., holidays such as the New Year (December 29 to January 3), and for other unavoidable circumstances.

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Ookayama station

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