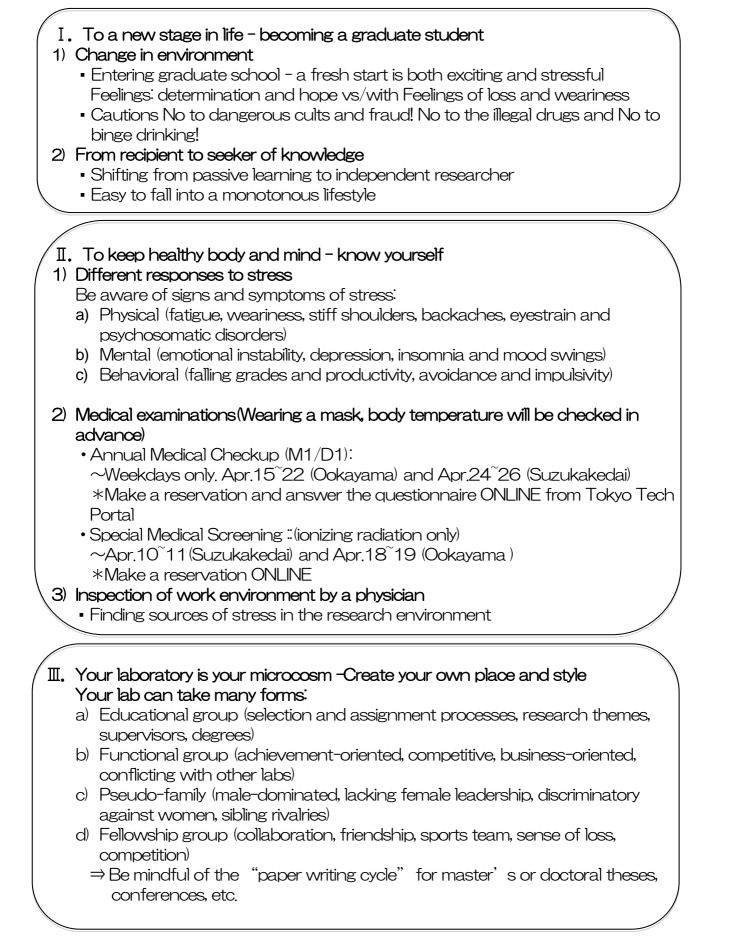
Student Life in Tokyo Tech

-- A Message from the Counselor ---



IV. Harassment prevention - beyond mismatches

Mismatches may arise among lab members as a result of conflicting academic fields, research methods, educational environments, interpersonal relationships, etc. \Rightarrow Be aware of various kinds of harassment: academic, sexual and power harassment

(i.e., hindering a student's ability to progress, coercion in research activities, etc.) For more information on harassment prevention ("Countermeasures Against Harassment"):

https://www.titech.ac.jp/english/0/students/counseling/harassment

- V. Take action ask questions and ask for help!
- 1) Be responsible by taking a step forward and asking for help when you need it,
- 2) Organize your thoughts and feelings by talking to others.
- Gain new perspectives by listening to other's opinions
- 3) More options for consultation beyond your lab
 - For counseling by specialists (psychological and psychiatric), call the Health Support Center at 03-5734-2346 (Ookayama Campus) or 045-924-5107 (Suzukakedai Campus)
 - For guidance or advice from members of the Student Guidance Room, call 03-5734-2060 (Ookayama Campus) or 045-924-5888 (Suzukakedai Campus)
 - For advice from retired faculty members by phone or by email, call the Telephone Consultation Service at 03-5734-2134
 - For support from coordinator, call the Student Accessibility Services at 03-5734-2989

For more information and general inquiries

https://www.titech.ac.jp/english/students/counseling

4) For volunteer work, campus census, and other activities for the Institute, call the Student Support Center at 03-5734-7629 or visit http://www.siengp.titech.ac.jp/link.html