

SALE OF PASSCARDS (ADMISSION TICKETS) FOR THE INDOOR POOL

1. Pool Opening Hours

(1) Opening hours for January ~ July, October ~ December

| | | |
|----------------------|---------------|--------------------------------|
| Monday & Thursday | 12:00 ~ 14:00 | 14:30 ~ 16:30 |
| Tuesday & Friday | 12:00 ~ 14:00 | 14:30 ~ 16:30 17:00 ~ 19:00 |
| Wednesday & Saturday | 12:00 ~ 13:30 | |

(2) August and September become different systems

(We will inform separately by one month before at each month)

- Admission ceases 30 minutes before the end of the session.
- The pool is closed on the following days:
 - Sundays and public holidays
 - days on which entrance examinations are held (the second half of January and February, the middle of March and August)
 - the beginning and the end of the year (12/29-1/3)
 - cleaning days (the second half of June and the first half of January)
 - days of power cuts, suspension of business (the middle of August)
- Temporary closure to facilitate power cuts or change wahter will be notified in advance.

2. Applications for Passcards (admission tickets) * It has been changed from 2013.4.1

- ① transfer the money to the bank account (You should pay the handling fee)
- ② come to Student Support Division (Room E-102, Ookayama West Building 8) with the receipt and a photograph (3 cm X 3 cm)
- ③ fill out an application form. Passcards will be issued the same day.

You can get more information with attached file "How to Purchase the Passcard of Indoor Swimming Pool".

Single tickets (¥200) can be purchased from the ticket machine located in the basement of the gymnasium.

3. Pricelist for Passcards (admission tickets)

| Category | Pool Admission | Passcards | |
|------------------------|-----------------------------|-----------|----------|
| | Single admission per person | 6-Month | 12-Month |
| Students | ¥200 | ¥3,000 | ¥ 5,000 |
| Faculty | ¥200 | ¥5,000 | ¥ 8,000 |
| *Former students, etc. | ¥300 | ¥8,000 | ¥12,000 |

(Note) “*Former students, etc.” refers to graduates and individuals completing courses of study at the Institute and retired faculty members of the Institute.

4. Changing the water and cleaning

(Biannual. Scheduled for the end of June and beginning-January)

The cleanliness of pool water is maintained by adding approximately 10~30m³ of clean water, filtration and chlorination on a daily basis. Water quality is tested once a month at the Health Center.

5. Individuals falling under any of the following categories may not use the pool.

- (1) Individuals prohibited from swimming by a physician, etc.
- (2) Individuals infected with any disease, contagious or otherwise.

Swimming Pool Rules

Pool users are requested to observe the following rules:

1. Tickets are non-refundable.
2. Tickets are valid only for one specified period of the day of purchase. For start and end times of each period, check the pool timetable.
3. Pool use will be limited to 30 people per period.
4. Sign in at the counter at the gym entrance where you will also receive a locker key.
5. Your locker is available from the start time until five minutes after the end time of the period. Return the key to the counter within five minutes after your period ends.
6. Using coins, purchase a ticket from the ticket machine located between the fitness room and martial arts room. Note that we do not exchange bills for coins.
7. The locker and shower rooms designated for pool users cannot be used by others.
8. Change into proper swimwear and a cap in the locker room.
9. Put your ticket and student or staff ID card into the plastic bag, which you will find in the locker.
10. Leave your clothes and belongings in your locker and lock it. Put the key into the plastic bag and take it with you.
 - i. Do not forget your swimming cap in the locker, as it is a MUST.
 - ii. You may not leave valuables at the reception. Keep your valuables safely locked in your locker.
11. Warm-up before swimming, and be sure to use the bathroom before taking a shower.
12. Remove any cosmetics or hair oil in the shower.
13. After showering, proceed to the footbath, the antiseptic bath, and then check in at the reception desk in the pool area.
14. Leave your plastic bag with the reception staff, and write your name and other required information in the users' book. Also let the staff know if you are a first-time user.
15. When leaving the pool, take your plastic bag from the reception, take another antiseptic bath and footbath, and then a shower (the steps in rule 13 in reverse order).
16. Undertake a medical examination prior to using the pool.
17. The following individuals are prohibited from entering the pool:
 - i. Those who have just partaken in strenuous exercise
 - ii. Those under the influence of alcohol
 - iii. Those feeling unwell
18. The following is forbidden in the pool area:
 - i. Bringing in glass or metal items
 - ii. Eating (including gum or candy), drinking, or smoking
 - iii. Causing damage or loss to the facility or equipment
 - iv. Boisterous behavior or rough play
 - v. Jumping or diving into the water, or swimming underwater.

19. Mind the pool dimensions for your safety.

Length: 25 meters, width: 13 meters, depth: 2 - 2.2 meters

20. Beginner swimmers should use the shallow (first) lane. Lanes two to five are one way, meaning that swimmers must swim in one direction to avoid collisions. Also, keep a five-meter distance between yourself and the swimmer in front of you.

21. Take off hairpins, glasses, watches, rings and other jewelry before entering the pool, and do not bring in any snorkels or similar objects.

22. Any onset of illnesses or injuries occurring while swimming must be reported to a lifeguard on duty.

23. Keep the pool area clean for everyone. Take all garbage with you when you leave.

24. After showering in step 15, gargle, and wash your eyes.

25. Do not use shampoo, conditioner, or soap in the shower.

26. Return the locker key to the counter at the gym entrance.

27. Follow instructions of lifeguards or staff members in charge.

28. As this pool is an educational facility, rules and time of use are to be strictly observed.