

# Science Tokyoへようこそ！

## Hayoung Bang

Life Science and Engineering  
First-year Master's student



Institute of  
**SCIENCE TOKYO**

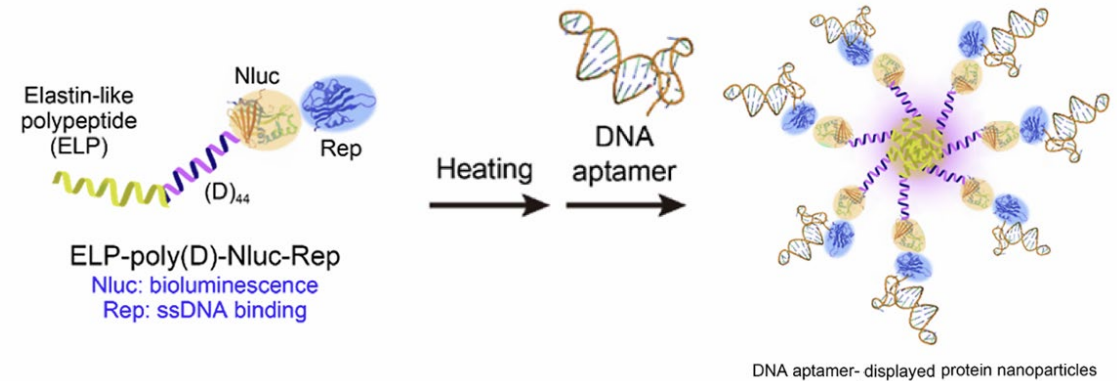
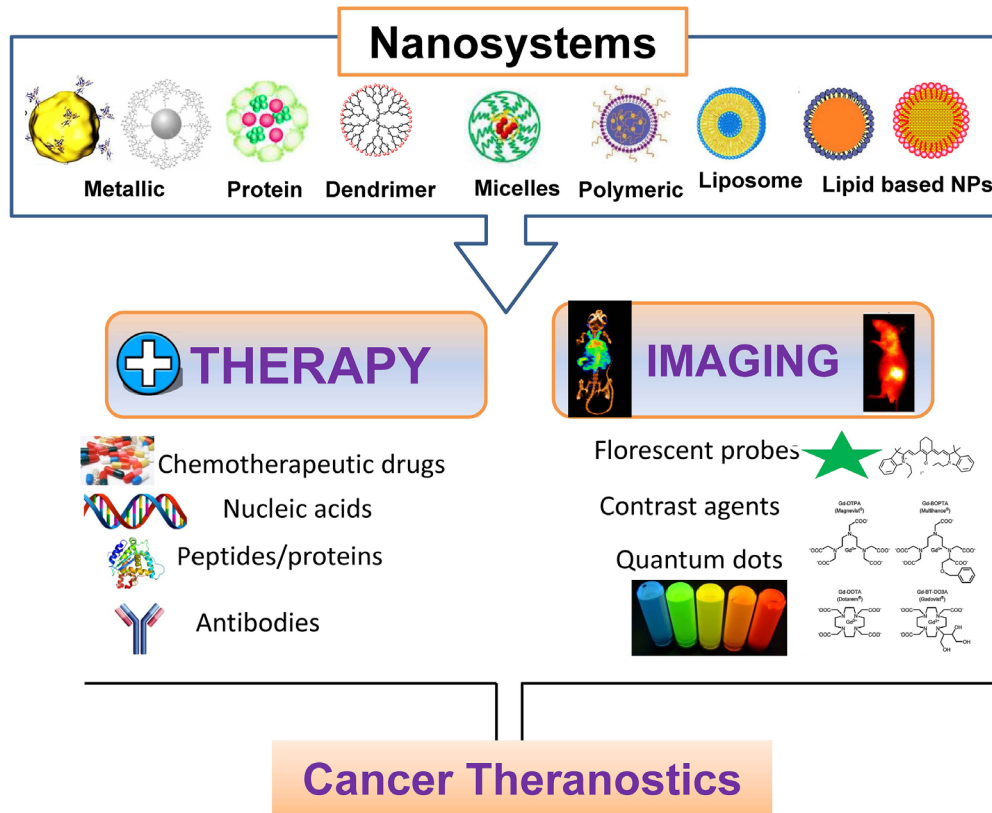
# About myself

- South Korea, Seoul
- Came to Japan for Master's in 2025
- Studying at Department of Life Science
- Love to go to café and cute places
- Love traveling and making friends
- Trying to do some workout these days

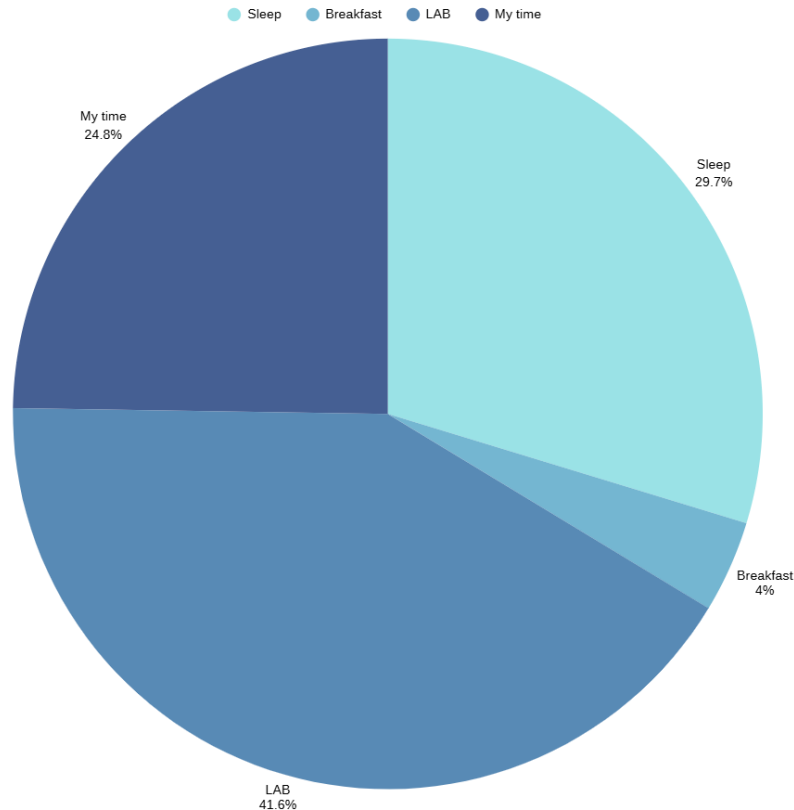


# My research

- At my previous university, I was involved in virus research
- Now, I am studying protein! (+ cell experiments)



# My days are like this!



- **Core time is different lab by lab**

Some doesn't have it, some has longer, some has shorter.

My lab has it, but it is flexible, so I follow my pattern (I prefer to go lab early and come back early ^\_\_^)

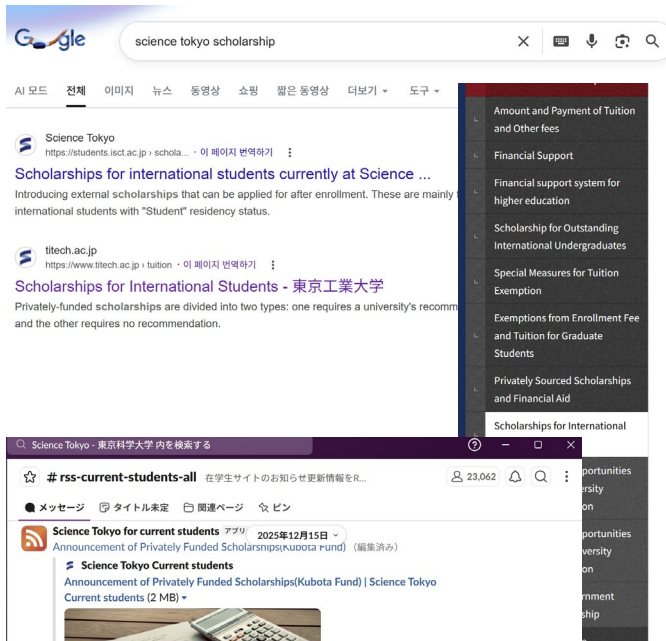
- I couldn't speak Japanese before coming to Japan, so I talk in English with my supervisor. But my lab members are all Japanese, and since now I can speak Japanese, **I talk in Japanese with them! Everything else in my life works in Japanese too (Hospital, bank, city office, etc)**

- **Lectures are not in my chart, since I have finished it in the first year!** I think for Master's student, esp for science majors, the experiments and lab works are major parts of your life

# Getting to know Science Tokyo

## Financial Support

### 1) Register your information and receive recommendations!



For the scholarship WITHOUT a university recommendation, anyone who meets the application requirements can apply. Information is posted on the bulletin board in the Student Support Division at the Ookayama Campus and in the Student Division at the Suzukakedai Campus. It is also posted on the website for current students.

Please check the bulletin boards and the website regularly for further details and updates.



Detail of "Scholarship for Outstanding International Undergraduates" is available here.

- Some of you might not have any financial support yet (like I did)

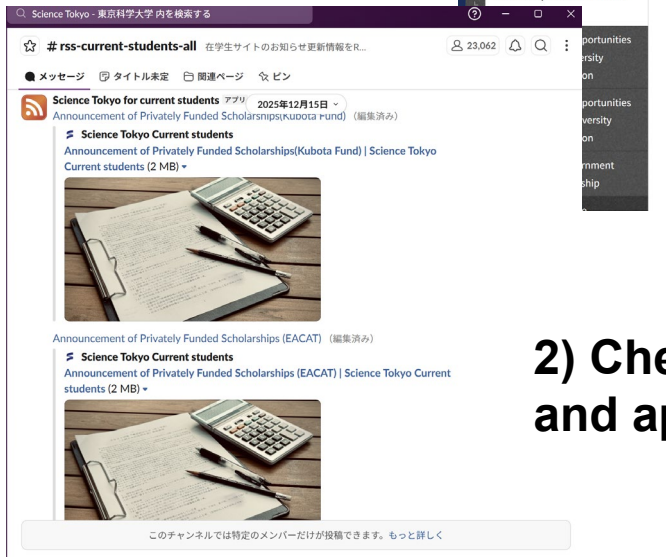
I decided Japan study abroad quite late, so I couldn't apply for MEXT

- In that case, you should **search the financial support by yourself!**

- Where I found the information: I recommend you check out these two first!! And **register it** in advance. The **school sends you recommended scholarships if you are applicable.**

Or you can use **slacks** too! I got my scholarship by regularly checking on slack (but most scholarships introduced in slack has **Japanese requirement**)

### 2) Check out Slack channel and apply by yourself!



# Finding part-time job

- You must get a work permission stamp at the airport, during the immigration
- Work permit for international students: **27 hours a week**
- **Baitoru (バイトル), indeed, etc**
- Or search in google using the keyword, “**000 バイト**”



# To improve Japanese

- Definitely, it needs **your efforts**
- Additionally, you can go for

1) **Japanese class** (you need to take the test, and all. So please search in advance and inquire them by email if you are not sure of anything!)



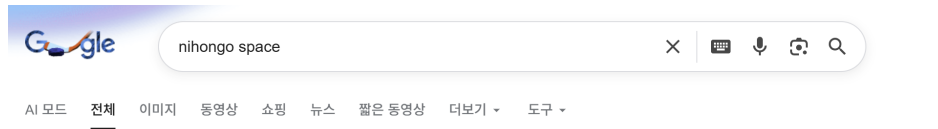
## Curriculum of Japanese courses

- Timetables for 2025: [1Q/2Q](#) [3Q/4Q](#)
- Course list (syllabus and textbook of each course): [Click here!](#)
- Science Tokyo Syllabus: [Click here!](#)
- Course levels and Credits: see below (you can see course descriptions by clicking course names) [\[Download Level Chart\]](#)

Japanese Language and Culture Courses for Graduate Students						
Basic		Pre-Inter	Intermediate		Pre-Advanced	
B1, B2	B3, B4	I1, I2	I3, I4	I5, I6	I7, I8	U1...U8
<b>REGULAR COURSE</b>						
<b>400Lv</b>	<b>400Lv</b>	<b>400Lv</b>	<b>400Lv</b>	<b>500Lv</b>	<b>500Lv</b>	
Basic Japanese 1,2	Basic Japanese 3,4	Intermediate Japanese 1,2	Intermediate Japanese 3,4	Intermediate Japanese 5,6	Intermediate Japanese 7,8	
<b>SPECIFIC SKILL COURSE 400Lv</b>						
Japanese conversation	Pre-inter. 1,2	Inter. 1,2	Inter. 3,4			
Japanese kanji	Basic 1-4	Inter. 1,2	Inter. 3,4			
Japanese seminar				3-6, 9/10	1-10	1/2, 7/8
<b>JAPANESE CULTURE COURSE 500Lv</b>						
1: Strategic approach to Japanese and culture	2: Strategic approach to Japanese and culture					3/4: Multi-cultural collaboration
Japanese culture and language 1, 2, 3, 4 (for registration only)						<b>600Lv</b>

# To improve Japanese

## 2) Nihongo Space (different by Suzukakedai and Ookayama! There is also a slack channel)



titech.ac.jp  
<https://js.ila.titech.ac.jp/nspace> · 이 페이지 번역하기

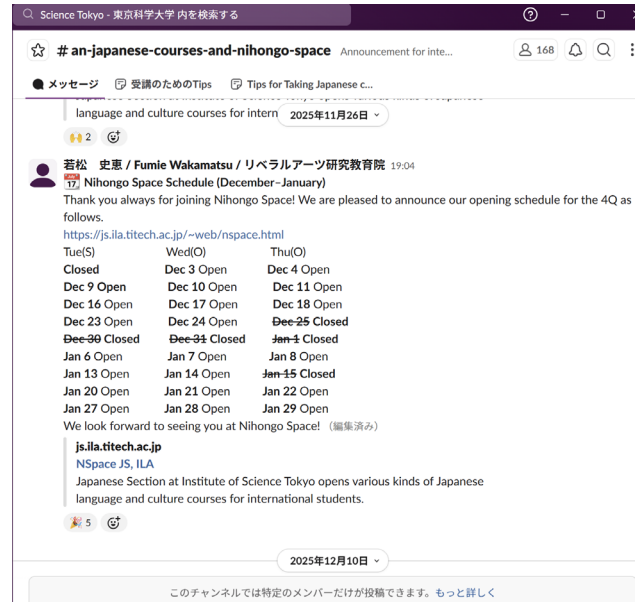
**Nihongo Space - Japanese Section, ILA**

Nihongo Space is here to offer you support to help you brush up your Japanese skills, such as giving advice on how to study Japanese, providing opportunities to ...

Science Tokyo SPRING & BOOST  
<https://www.spring-boost.i.sct.ac.jp> · ... · 이 페이지 번역하기

**Nihongo Space**

2025. 3. 6. — Nihongo Space, run by the ILA-Japanese Section, is held on the Ookayama and Suzukakedai campuses. We offer a variety of engaging opportunities, ...



### How to join our activities

Nihongo Space is here to offer you support to help you brush up your Japanese skills, such as giving advice on how to study Japanese, providing opportunities to practice Japanese conversation, offering tutorials in written Japanese, etc.

#### \* Open hour and Venue:

Ookayama Campus	Suzukakedai Campus
Every Wed. and Thu. (12:40 - 14:00)	Every Tue. (12:40 - 14:00)
<a href="#">Int'l Student Lounge at West Bldg.1</a>	<a href="#">G1-116</a>

#### \* Schedules in 2025:

1Q	Apr. 15 ~ May 22 *Originally scheduled to be closed on Apr. 30 and May 1 due to Golden Week, but we will accommodate those who wish to participate
2Q	Jun. 10 ~ Jul. 24 * Closed on Jul. 9 as we are holding <a href="#">Tea Ceremony Event for int'l students</a>
3Q	Oct. 14 ~ Nov. 20 * Closed on the following days as other events will be held at our institute: Oct. 22 (Entrance Ceremony), Nov. 4 (Campus Festival) and Nov. 12 (Disaster drills)
4Q	Dec. 3 ~ Jan. 29 * Closed on Dec. 25 and Jan. 15 as we are holding other events (details to be announced soon) * Closed during Dec. 30 ~ Jan. 1 (Winter Break)

(The above schedules might be changed at our convenience.)

#### • How to apply for Conversation practice:

You can practice Japanese conversation with Language Partners who are students of Science Tokyo supporting this program. No reservation required. Just drop by at the Student Lounge during the open hour.

# To improve Japanese

## 3) Multilingual chat happening at Taki Plaza regularly (last but not the least, please join! You can not only speak in Japanese, but also other languages!)

☆ #an-campuslife-student-学生お知らせ-all サークルや団体のイベント告知、...

23,302

メッセージ 投稿のお約束 / Promise of... ファイル ビン

開催場所: Taki Plaza B1F Global Lounge

2025年10月16日

開催時間: 12時50分~13時20分

言語: 英語、中国語、韓国語、日本語を同時開催! #cl-international-cafe では毎回言語学習イベントの案内が更新されます。言語学習や国際交流に興味のある方はぜひ参加してください! ✨

🌍 Event tomorrow! ~Multilingual Chat (Theme: Improvements that can be made on Science Tokyo) ~

Tomorrow, The Peer Life Coach International Exchange Team is going to hold "Multilingual Chat" from 12:50 to 13:20 at Global Lounge, Taki Plaza B1 Floor. You get to talk to other participants about a different theme every week in your preferred language. Tomorrow's theme will be "Improvements that can be made on Science Tokyo". You can choose to speak in either English, Chinese, Korean or Japanese. Booking is not necessary. Just come join us and enjoy talking! Also, if you join #cl-international-cafe, you can get more updates on the multilingual chat and english café. Feel free to join the channel if you are interested! ✨

image.png



### 2025-3Q多言語チャット Multilingual Chat

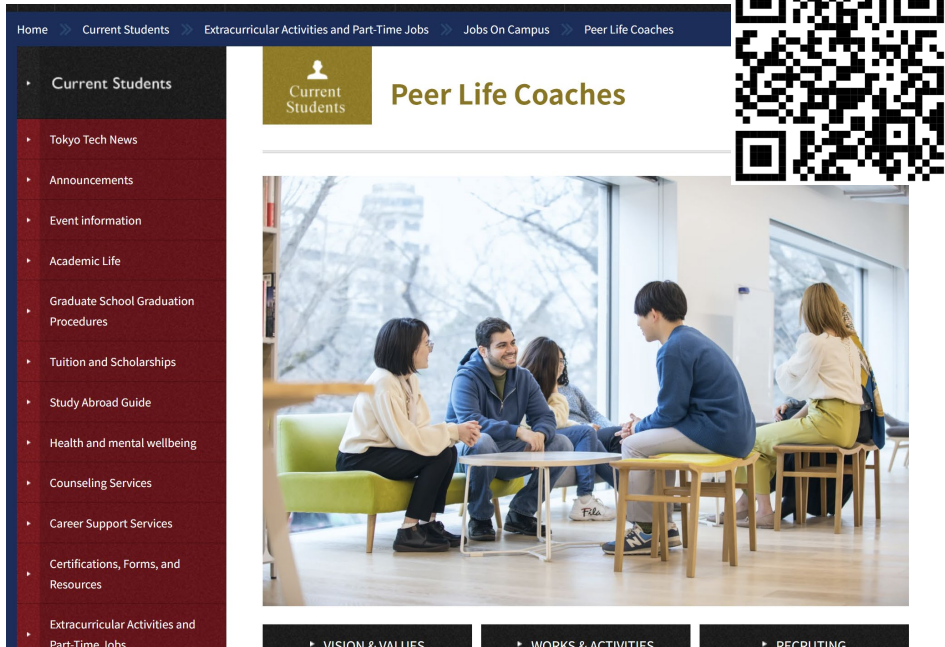
日程/Schedule	テーマ/theme	言語/Language*
2025.10.03	夏休みどう過ごしました? How did you spend your summer vacation	日、英、中 Japanese, English, Chinese
2025.10.10	好きな食べ物 Favorite food	日、英、中 Japanese, English, Chinese
2025.10.17	科学大の改善点 Improvements that can be done on Science Tokyo	日、英、中、韓 Japanese, English, Chinese, Korean
2025.10.24	自分には無理・あり得ないこと Things you find challenging/impossible to do/accept	日、英、中、韓 Japanese, English, Chinese, Korean
2025.10.31	工大祭準備のため中止 Cancelled due to preparations for the Festival	
2025.11.07	好きなスポーツ Favorite sport	日、英、中、韓 Japanese, English, Chinese, Korean
2025.11.14	人生で一回やってみたいこと Things you want to try doing at least once in your life	日、英、中、韓 Japanese, English, Chinese, Korean

\*対応言語はスタッフの事情により変わる可能性があります。

The supported languages may change depending on the circumstances of the staff.

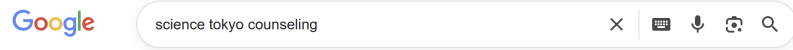
# Introducing Peer Life Coaches event

- **Conduct many events!** (Campus tour, Language learning workshops, Picnic events, and many more!)
- **International help desk** (You can come and consult any of your study-related, school-life related questions to our peer life coaches!)



# To find support on campus

## 1) Counseling

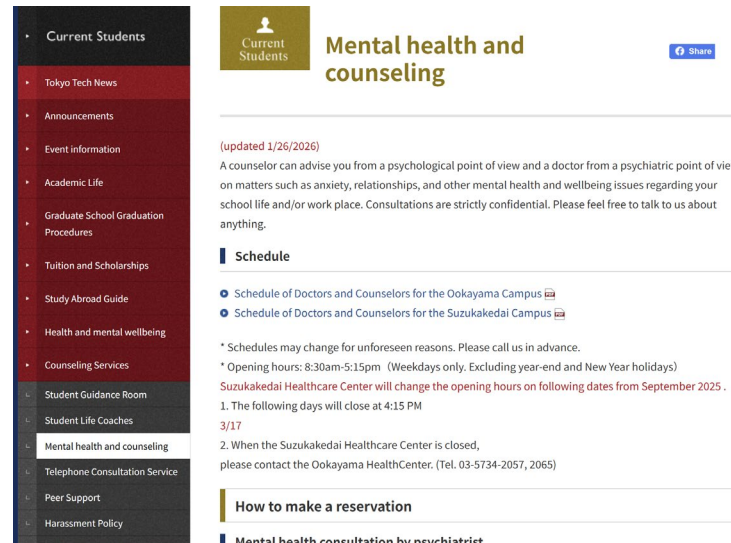


**Science Tokyo**  
<https://students.isct.ac.jp/couns...> · 이 페이지 번역하기

**Counseling services - Current students - Science Tokyo**  
 We offer consultation and advice on the worries and troubles students face. Please feel free to consult us, no matter how trivial the issue may seem.

**titech.ac.jp**  
<https://www.titech.ac.jp/students> · 이 페이지 번역하기

**Mental health and counseling - 東京工業大学**  
 A counselor can advise you from a psychological point of view and a doctor from a psychiatric point of view on matters such as anxiety, relationships, and other ...



**Current Students**

- Tokyo Tech News
- Announcements
- Event information
- Academic Life
- Graduate School Graduation Procedures
- Tuition and Scholarships
- Study Abroad Guide
- Health and mental wellbeing
- Counseling Services
- Student Guidance Room
- Student Life Coaches
- Mental health and counseling**
- Telephone Consultation Service
- Peer Support
- Harassment Policy

**Mental health and counseling** Share

(updated 1/26/2026)  
 A counselor can advise you from a psychological point of view and a doctor from a psychiatric point of view on matters such as anxiety, relationships, and other mental health and wellbeing issues regarding your school life and/or work place. Consultations are strictly confidential. Please feel free to talk to us about anything.

**Schedule**

- Schedule of Doctors and Counselors for the Ookayama Campus
- Schedule of Doctors and Counselors for the Suzukakedai Campus

\* Schedules may change for unforeseen reasons. Please call us in advance.  
 \* Opening hours: 8:30am-5:15pm (Weekdays only. Excluding year-end and New Year holidays)  
 Suzukakedai Healthcare Center will change the opening hours on following dates from September 2025.

- The following days will close at 4:15 PM

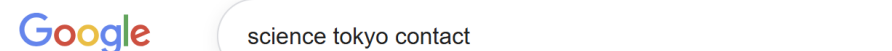
3/17

- When the Suzukakedai Healthcare Center is closed, please contact the Ookayama HealthCenter. (Tel. 03-5734-2057, 2065)

**How to make a reservation**

**Mental health consultation by psychiatrist**

## 2) Contact Information



**Science Tokyo**  
<https://students.isct.ac.jp/contact> · 이 페이지 번역하기

**Contact | Science Tokyo Current students**  
 Contact information for current students when inquiring with Science Tokyo is provided.

Inquiry	Relevant office	Telephone number	Email address
Bachelor's degree students (Ookayama)	Student Division, Student Services Department	+81-3-5734-3002	<a href="mailto:stu.ug@adm.isct.ac.jp">stu.ug@adm.isct.ac.jp</a>
Bachelor's degree students (Suzukakedai)	Student Division, Student Services Department (Suzukakedai)	+81-45-924-5933	<a href="mailto:stu.suz@adm.isct.ac.jp">stu.suz@adm.isct.ac.jp</a>
Bachelor's degree students (Yushima)	Student Division, Student Services Department (Yushima)	+81-3-5803-5072	<a href="mailto:support-kyomu-yushima@ml.tmd.ac.jp">support-kyomu-yushima@ml.tmd.ac.jp</a>
Master's and doctoral degree students (Ookayama)	Student Division, Student Services Department	+81-3-5734-7642	<a href="mailto:stu.gra@adm.isct.ac.jp">stu.gra@adm.isct.ac.jp</a>
Master's and doctoral degree students (Suzukakedai)	Student Division, Student Services Department (Suzukakedai)	+81-45-924-5934	<a href="mailto:stu.suz@adm.isct.ac.jp">stu.suz@adm.isct.ac.jp</a>
Master's and doctoral degree students (Yushima)	Student Division, Student Services Department (Yushima)	+81-3-5803-5072	<a href="mailto:support-kyomu-yushima@ml.tmd.ac.jp">support-kyomu-yushima@ml.tmd.ac.jp</a>

# Starting your life in Japan

- SIM card
- Open a bank account (Yucho/Japan Post, SMBC)  
Offline (Yucho) & Online (SMBC) registration
- Resident card, address registration at city hall
- Find apartments (Dormitory/Rent)



^ Access to the website directly

[Minamishinagawa House guide](#)

### Application

Currently, we are not looking for new tenants. The next call for application for new tenants is scheduled to start after mid July 2026.

· Applicants who are approved will be notified after PM Mar 6(Fri.), 2026.

If unfortunately your application is not approved, we will still contact you at the email address on your application.

· Move-in procedures are from 10 am to 4 pm except Saturday, Sunday and Holiday. \*between Mar 26(Thu.) and Apr 24(Fri.) 2026.

· However, those who move in during March will be charged half a month's facility fee and one month's common service fee.

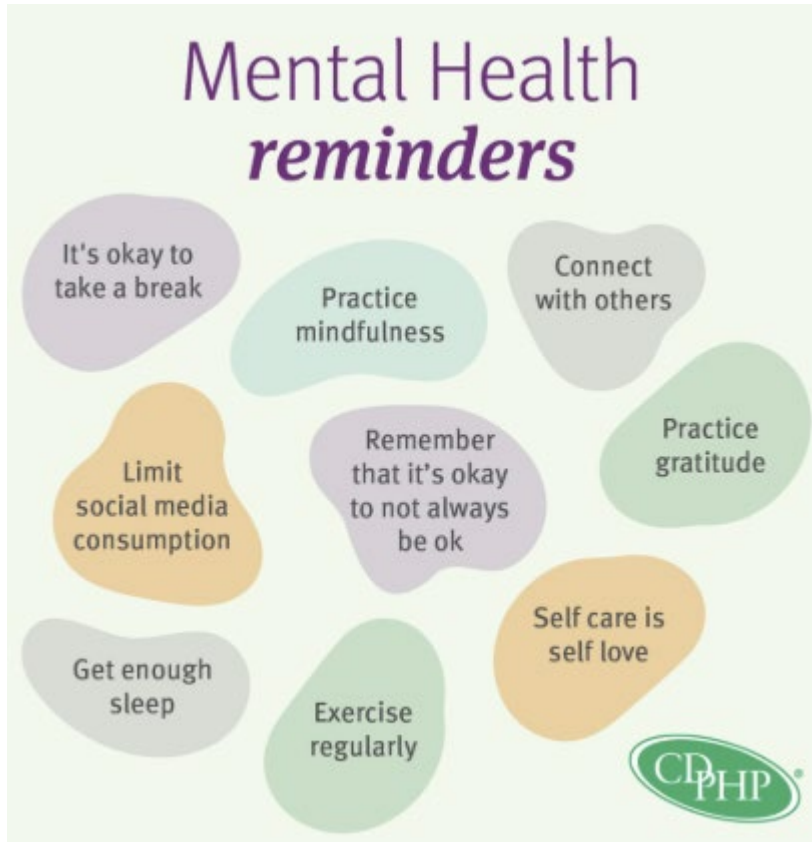
**Minamishinagawa House (Currently not accepted)**

[Inquiry Form](#)

### List of Science Tokyo Dormitories for Students

No	Name of Dormitories	Recommended Campus	Gender	Course/Nationality	Type of rooms	Monthly rent (including common expenses)
1	<a href="#">Minamishinagawa House &gt;</a>	● Ookayama ● Tamachi = Yushima	Male		Single	¥62,500
2	<a href="#">Midorigaoka House &gt;</a>	● Ookayama ● Tamachi = Yushima	Male	Only for graduate programs and above.	Single	¥50,000
3	<a href="#">Satomi Dormitory &gt;</a>	● Yushima ● Konodai	Male		Single	¥17,800 *
4	<a href="#">Ookayama House &gt;</a>	● Ookayama ● Tamachi = Yushima	Female	Only for graduate programs and above.	Single	¥50,000
5	<a href="#">Senzoku House &gt;</a>	● Ookayama ● Tamachi = Yushima	Female		Single	¥65,000
6	<a href="#">International Student Dormitory(Women's Dormitory) &gt;</a>	● Yushima ● Konodai	Female		Single	¥5,900 *
7	<a href="#">Komaba Dormitory &gt;</a>	● Ookayama ● Suzukakedai ● Tamachi = Yushima	Male Female	International students only.	Single	¥39,500
8	<a href="#">Shofu Dormitory &gt;</a>	● Ookayama ● Suzukakedai ● Tamachi = Yushima	Male	International students only.	Single	¥27,500
9	<a href="#">Umejigawa Dormitory &gt;</a>	● Ookayama ● Suzukakedai ● Tamachi = Yushima	Male Female	International students only.	Single	¥27,500
10	<a href="#">Ichikawa International House &gt;</a>	● Yushima ● Konodai	Male Female	International students only.	Single Family	Single: ¥5,900 * Twin: ¥11,900 *
11	<a href="#">Minami-gyotoku International House &gt;</a>	● Yushima ● Konodai	Male Female	International students only.	Single	¥46,500 *
12	<a href="#">Tokyo International Exchange Center (TIEC) &gt;</a>	● Ookayama ● Suzukakedai ● Tamachi ● Yushima ● Konodai	Male Female	Only for graduate programs and above.	Single Family	*

# Thank you! Good luck!!



- **Spend your alone time well!!**
- **Make hobbies**
- **Do some workouts**
- **Eat well, sleep well!**
- **If you feel depressed, find for help!**