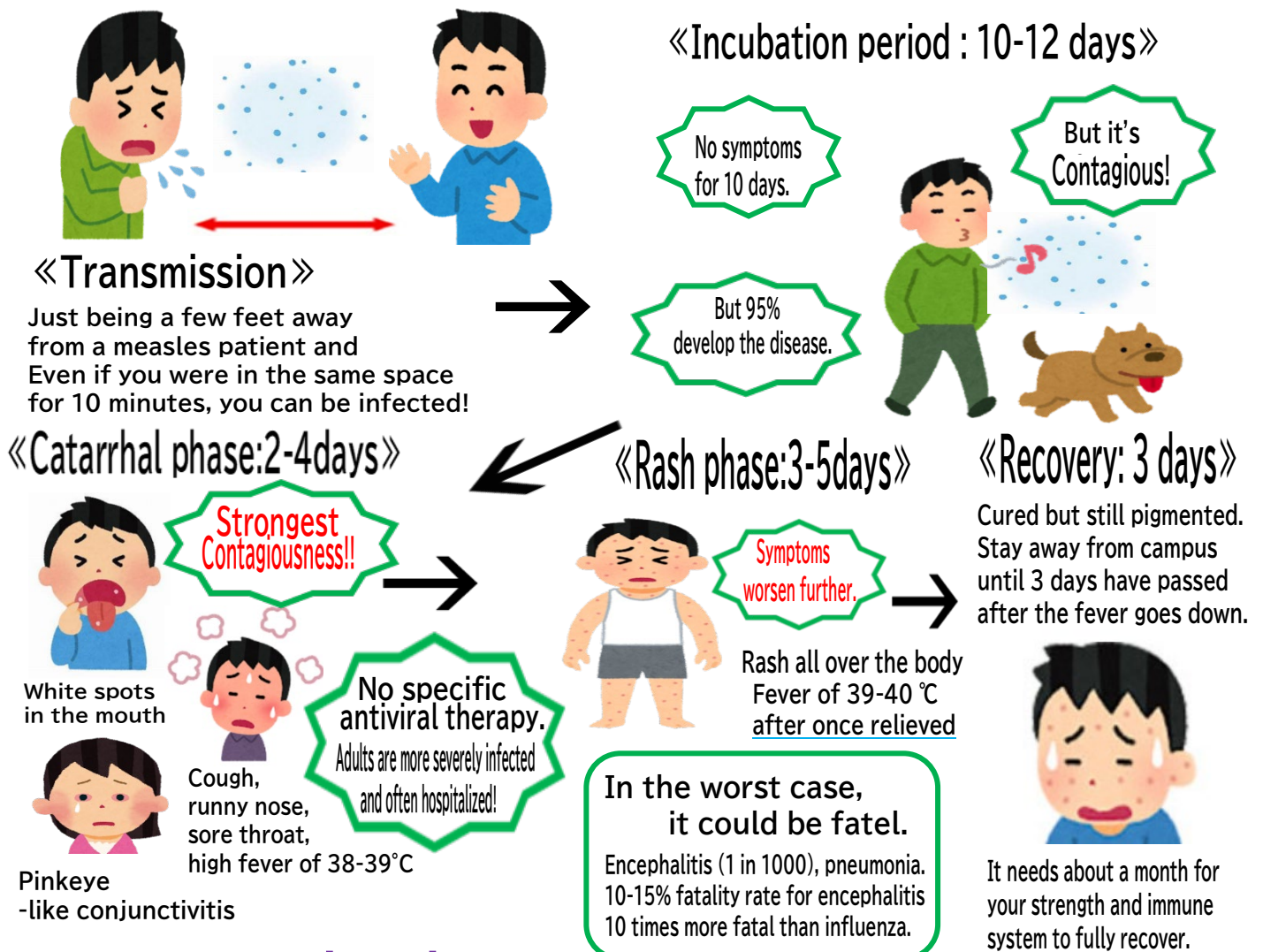


What is Measles?

”Measles” is a contagious disease caused by the measles virus.

The transmission of infection are droplet, contact, and airborne infection.

Measles is highly contagious and cannot be prevented by hand washing or masks. The rate at one infected person passes to an unimmunized person is about 12-14, whereas the rate for influenza is 2-3. Adults as well as children can be infected, and in some cases, the symptoms become severe in adults.



The only prevention is **vaccination.**

2 vaccinations and 2 weeks to acquire immunity.

Who should be vaccinated?

- ◇ People who have never been vaccinated against measles in the past or have only been vaccinated once.
- ◇ People who are planning to travel abroad (or enter Japan from abroad).
Two doses are sufficient to acquire immunity (97-99%).
Measles is prevalent not only in Asia and Africa, but also in Europe.
Make sure you have had two doses of measles vaccination, and if not, have an additional dose before going abroad.
Emergency (within 72 hours) measles vaccination after contact with a measles patient may prevent the onset of the disease.