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報告事項

① 留学先(参加プログラムおよび受入れ機関)の概略

Overview of the program and the host university/organization abroad

This workshop, hosted at KAIST in Korea, welcomes a diverse assembly of students from esteemed institutions such as NTU, KAIST, Tokyo Tech, Tsinghua, and HKUST. These students are organized into several groups, each tasked with generating ideas and delivering presentations on the theme, "Technology and Stewardship for Sustainable Global Future." This gathering presents an excellent opportunity to establish connections with fellow ASPIRE members and broaden one's social network. Furthermore, it offers participants a unique chance to learn from experienced professors and gain firsthand experience of the vibrant campus life at KAIST.



② 留学前の準備

Pre-departure preparation

留学情報の入手方法、専門分野・語学の準備方法、留学先の研究室に所属した場合は、留学先大学の指導教員との準備、ビザ取得方法、住居の探し方など。

How did you obtain information relevant to your study abroad, such as how to acquire a visa, how to find accommodation, how to find a host supervisor at the university, how to prepare for study abroad in terms of field of study, language study. etc.?

- I gleaned information about this event from the official Tokyo Tech website. It should be noted that this student workshop provides accommodation for all attendees, thereby eliminating the need for participants to source their own lodging. Additionally, there is no requirement for the participants to find a supervisor for this workshop. It

is an inclusive event that welcomes anyone proficient in English, ensuring broad accessibility for potential attendees.

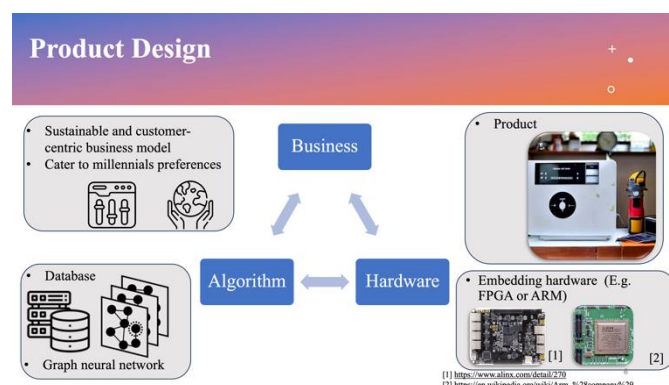
③ 留学中の勉学・研究

Academic activities during study abroad: courses, research, etc.

履修した授業、研究内容等についての感想。留学中に行った課外活動（観光やスポーツ等）がある場合は、併せて記入してください。

Describe your classes and research (if relevant) abroad. If you participated in any extracurricular activities, such as sightseeing, sports, etc., please describe those experiences as well.

- This is a student workshop, our topic is centered around the compelling theme, "Enhancing the Sustainability of the Target Population Through the Design of Innovative Care Models Using Science and Technology." We have conceptualized an idea to develop a state-of-the-art wearable device named "Just Breathe," specifically engineered to monitor individual health metrics. Following the successful completion of our concept, we conducted a comprehensive presentation to elucidate our findings and proposals. Enclosed are several related visual aids we used during our presentation to illustrate our idea effectively.



④ 留学を終えて、自分自身の成長を実感したエピソード

Episode in which you experienced personal growth or development

他国の学生等との交流、海外における勉学・研究等の学校生活や日常生活を経験して、自身の成長を実感したことと思います。留学前に立てていた目標に対する達成度や苦労話など、何でも結構ですので、自身の成長を実感した中で一番記憶に残っているエピソードを記入して下さい。

Indicate the episode in which you most strongly felt your personal growth, i.e., through study, research, cross-cultural experiences, activities, daily life and so on.

- Throughout the course of these activities, I had the invaluable opportunity to gain knowledge from the profound presentations given by esteemed professors from

prominent institutions like Tsinghua, Kaist, NTU, Tokyo Tech, and HKUST. Simultaneously, I had the fortune of creating new friendships with individuals from all corners of the world. These enriching experiences not only broadened my horizons but also significantly augmented my professional knowledge and extended my social network in a uniquely inspiring way. Furthermore, I had the delightful opportunity to immerse myself in the beautiful and vibrant school life at KAIST, which further enriched my overall experience.

⑤ 留学費用

Study abroad expenses

渡航費、生活費、住居費、保険料、奨学金の有無など。

Indicate travel expenses, living expenses, accommodation fees, insurance fees, and whether or not you received a scholarship, etc.

- KAIST affords our accommodation fees and living expense in Korea.
- After finishing the workshop and going back to Japan, Tokyo Tech will offer a scholarship to help us cover travel expenses.

⑥ 留学先での住居

Accommodation at the destination

寮の有無、申し込み方法、ルームメイト、その他。

Indicate whether or not your host university had a dormitory, the application process, reflections on your roommates, etc.

- KAIST affords accommodation.

⑦ 留学先での語学状況

Language at the destination

例えば、授業、研究には〇〇語が必須だが、生活は〇〇語を利用。留学前の TOEFL 等語学試験は、〇〇だったが、十分であった(最初の数週間は苦労した)など。

Indicate how you experienced the language environment at your destination, i.e., the language required for research activities, language(s) used in daily life, etc. and if you felt your language skills were sufficient.

- English is enough.

⑧ 単位認定(互換)

Recognition of credits which you took at the university

留学中に取得した単位の認定(互換)を東工大で行ったか(行う予定か)。

Indicate if you were able to / are planning to transfer credits you earned during study abroad.

- None.

⑨ 留学経験を今後、どのように活かしたいか

How do you make use of your study abroad experience in your future life?

- Experiencing Korea for the first time was a transformative venture, providing me with firsthand exposure to Korean culture. This knowledge will form the basis of my understanding of the country.
- The educational insights I gained from my professors and the diverse relationships I fostered have significantly broadened my academic social network. This expansion is integral to my professional and personal development.
- Moreover, I am committed to sharing the richness of this experience with my colleagues. By articulating the benefits and personal growth that comes from such international exposure, I aim to inspire others to participate in similar programs in the future.

⑩ 留学先で困ったこと(もしあれば)

Indicate trouble or issues (if any) you experienced during study abroad

- None.

⑪ 留学を希望する後輩へアドバイス

Advice to other students

- The forthcoming event is set to take place at Tsinghua University, China. I wholeheartedly recommend this as an excellent opportunity. I am confident that it will serve as an inspirational platform, aiding attendees not only in enhancing their life experiences but also in shaping their personal development.