

Advice on the life at Tokyo Tech by current students

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Tokyo Tech

1. Extracurricular Activities

~Events and Contest for Foreign students~

September 2022

Tokyo Institute of Technology
Namkyong Kim B2

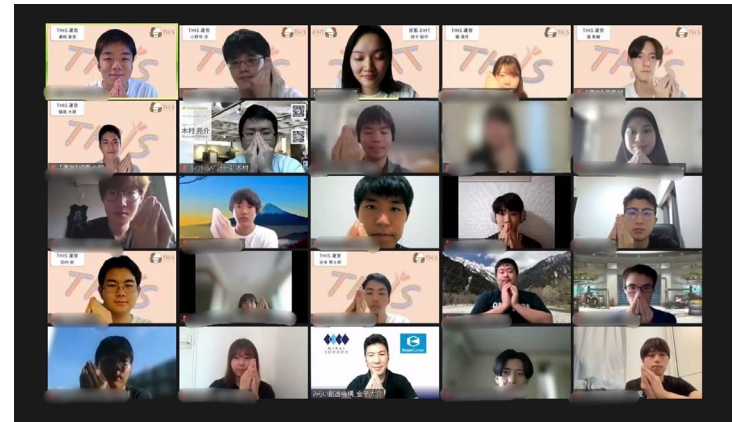
**Many activities that students
communicate with various people and
experience other fields**

Taki Bar

- Taki Bar is the event where students experience other countries' cultures by TPG(Taki Plaza Gardener).
- You can play games, participate in a quiz contest, and get a free drink from other countries.
- Good opportunities to make friends



- THIS is the business contest for Tokyo Tech & Hitotsubashi
- You can communicate with students from Hitotsubashi
- Make a business plan for a set theme with other students
- Many other activities besides main contents.



How to get the information

- Use SNS (Twitter, Instagram...)
- Check your e-mail box
- Go to Taki Plaza
- Find the information on Tokyo Tech website

Student Organizations

<https://www.titech.ac.jp/english/student-support/students/extracurricular/organizations>

Volunteering

<https://www.titech.ac.jp/english/student-support/students/extracurricular/volunteer>

School Festivals

<https://www.titech.ac.jp/english/public-relations/students/extracurricular/festivals>

For the new students

Enjoy as many opportunities as possible!



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Thank you





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2. My Everyday Meal on School Days

Orientation for
newly-enrolled graduate students

Tokyo Institute of Technology
B3 Shiho Otomo

What I love about TokyoTech

- The Campus
 - The “Cheesecake”
 - Taki Plaza – the hub for student exchange
 - The beautiful rows of ginkgo trees
- The Location
 - College town
 - Next to the Ookayama shopping streets



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What do TokyoTech students eat
when they have school?

Breakfast



Shirasu Bowl



Pizza Toast

Egg Sandwiches



Cereals



Lunch

- School cafeteria
- Kitchen cars
- Nearby restaurants
- Food from the supermarket
- Lunch Boxes

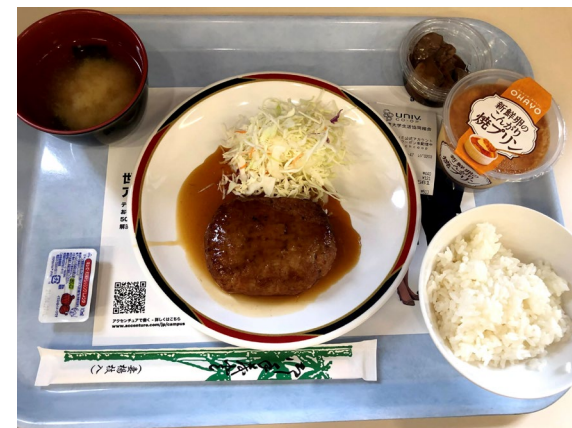
School Cafeteria



Kimchi Soup



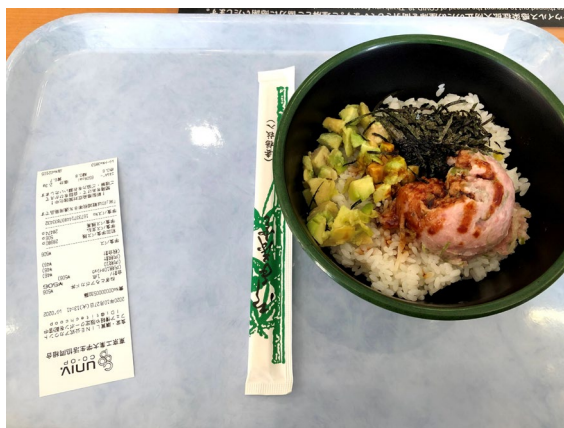
Onion and Beef



Hamburger Steak



Fried Oysters



Tuna Bowl



Beef Bowl





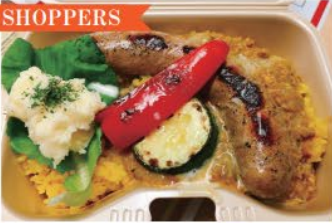















<https://gakushoku.coop/search/>



Kitchen Cars



東京工業大学 大岡山キャンパス

月 Mon	火 Tue	水 Wed	木 Thu	金 Fri
ばく天  とり天丼 ¥600- とり照りぶっかけ丼 ¥600- 国産鳥むね肉を使用。 中はやわらかく、衣はさっくり。 	スリーアップ  メガザンギ丼 ¥600- あつあつ! 美味しい! ポリューミー! 揚げたてのザンギをどうぞ。 	SHOPPERS  スパイスキーマカレー ¥500- 季節の野菜と極太ソーセージのトッピングがオススメ。 	トムアンドジー  チーズステーキサンドウィッチ ¥700 本格派アメリカンサンドウィッチ 肉とチーズがたっぷり。 	ROCKET CHICKEN  ロケットチキンライス付き ¥700- ロケットチキン単品 2P ¥450- サクッ! やわらか! くどくない! 新感覚のフライドチキンです。 
Baran  オムライス各種 ¥650- ふわとろに仕上げたオムレツを自家製ソースとお楽しみ下さい。 	ぼん屋  ルーロー飯 ¥680 煮込みハンバーグ丼 ¥680 ジューシーなお肉とご飯の相性は抜群! 食欲をそそります。 	1126  やみつき豚焼きそば ¥700 やみつき豚丼 ¥700 やみつきになること間違いなし! オリジナルソースを使用 	Comida Latina  タコライス ¥650 トッピング各種 ¥100 本格沖縄タコライス お好みのトッピングでどうぞ 	アンキュイジヌ NeMo  シャリアビンステーキボウル ¥700- 自家製のソースと多彩なトッピングでお楽しみ頂ける一品です。 

<https://www.w-tokyo.com/neostall/space/lunch/?lunch=%E6%9D%B1%E4%BA%AC%E5%B7%A5%E6%A5%AD%E5%A4%A7%E5%AD%A6%20%E5%A4%A7%E5%B2%A1%E5%B1%B1%E3%82%AD%E3%83%A3%E3%83%B3%E3%83%91%E3%82%B9>



Nearby Restaurants



Ramen
“ひるがお”



Soba & Tuna Bowl
“志波田”



Hioshima-yaki
“お好み焼き 佐竹”



Spaghetti
“Toi Toi Toi”



Indian Curry
“kopila”



Sandwich
“珈琲館”



Dumplings
“餃子の王将”



Pizza
“Portofino”

Dinner

My dormitory's dinner



Messages for first-year students



Explore the campus
Explore the town
Explore your choices



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Thank you for your attention!





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3. Doing a graduate program during pandemic

Tokyo Institute of Technology
Shoki Tou (PhD student)₁

What's great in TokyoTech

- Support system
- Supportive supervisor
- Flexibility
- International

Make a time schedule about your study and research.

- Make sure you'll get enough credits before graduate and leave enough time for your research.
- PhD students: liberal arts courses Vs. Japanese language and culture courses

https://js.ila.titech.ac.jp/~web/japanese_j.html

or google “東工大日本語セクション”

Research plan

Take into account the affect of COVID19 when you make your research plan.

- Experiment: online, recruit agent ...
- Application for ethics review
- Take into account about your career planning when make the plan.

Career plan

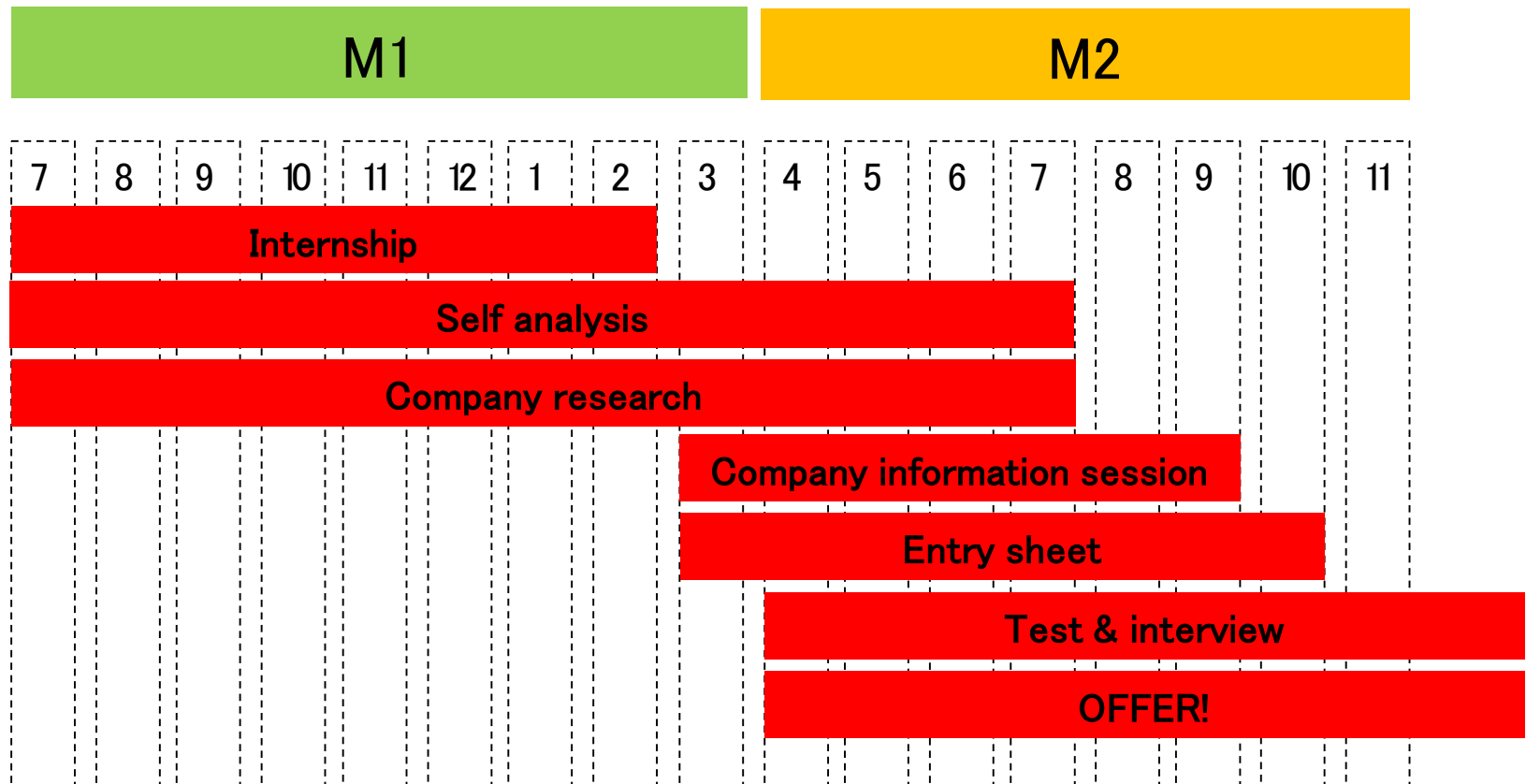
- Continue study or go to work?
- Academia or industry?
- Japan or other countries?

- When to start job hunting?

Job hunting in Japan

● Industry:

Some companies open to
PhD through the year



Job hunting in Japan

● Industry:

- Know yourself (strength, weakness...)
- Why this company?
- SPI, test center (Japanese or English)
- How to write the entry sheet?
- Interview preparation (career center, 就活塾)

Where can I get the information?

1. From university and lab
2. Recruitment sites
3. Google

Job hunting in Japan

- Academia:
- Talk with your professor!
 - Determine when to start, reference...
- JREC-IN

Work-life balance

If your lab based in Suzukakedai...

- Nothing in Suzukakedai!
- Rent an apartment near Suzukakedai, not convenient for people who want to enjoy life in Japan.
- If you want to stay in Tokyo, it takes time to go to lab.

<https://www.titech.ac.jp/student-support/students/dormitories-and-accommodations>

Or google “東工大 住まい”

- Working to stay connected.
- Work-life balance.
- Ask for help and accept help.

(学生支援課生活支援グループ Email :gak.sei@jim.titech.ac.jp)

- Have meeting with your supervisor regularly.
- Be kind to yourself.

Message to new students

Although my research (as well as graduation) is severely impacted by the pandemic, I enjoy my study in TokyoTech. Hope you can enjoy your life in TokyoTech and Japan!



Tokyo Tech

Thank you for your attention!

